



TEAMWORK



SKILLS



FRIENDSHIP

2024/2025

SPORTS BUDDIES

NEW CANAAN

Registration Fee - \$150
9 - 10 AM - Saturday Mornings

Fall Session
 @ South Elem. Blacktop
 Sept - 7, 14, 21, 28
 Oct - 5, 19, 26
 Nov - 2, 9, 16, 23

Winter Session
 @ NCHS Aux Gym
 Dec - 7, 14
 Jan - 4, 11, 18, 25
 Feb - 1, 8
 Mar - 1, 8, 15

Spring Session
 @ NCHS Aux Gym
 Mar - 22, 29
 Apr - 5, 19, 26
 May - 3, 10, 17, 31
 Jun - 7, 14

SportsBuddies is a recreational program for our special needs community that is designed to enhance the social, physical, and emotional well-being of children and young adults through a fun-filled sports experience. Individuals of all ability levels are paired with typical youngsters and adults ("Buddies") to learn basic sport skills, improve physical condition, experience team dynamics, build self-esteem, and HAVE FUN!



FUN



SUPPORT



VOLUNTEER

For program information, Email Coaches Howie and Josh at SportsbuddiesNC@gmail.com
 With help from administrators, Matty Kearny and David Bilgrei
 Special thanks to SLOBS, NCL, St. Aloysius, and Fairfield Prep