



Donations of Time and In-Kind Services

Whether you have just a few hours available or are seeking to help on a regular basis, the gift of your time, skills, or in-kind services are valuable to STAR and always greatly appreciated.

You can help STAR by:

- Joining our board on a committee, sharing your expertise, and donating your professional services
- Providing an in-kind donation of trade skills such as plumbing, carpentry, painting or landscaping
- Making an in-kind donation of graphic design, printing or special event print needs including banners or tee shirts
- Assisting with mailings and special events
- Providing relief or volunteer staffing in reception, administrative duties, and other areas of need.
- Coordinating a volunteer activity with your family, friends, church, school, or civic group to benefit STAR participants
- Fundraise for Us- You can directly impact the life-changing work we do to empower those with disabilities. Start a personal fundraiser and make a difference in so many lives! It's easy to get started. Tell us about your fundraising project and Set up your own fundraiser to support STAR. Contact Jennifer Thompson at jthompson@starct.org to get started today!

- Sharing your skill or expertise to teach or host a class or activity to enrich the lives of people with disabilities
- Signing up as a volunteer for our weekly Sports Buddies Saturday morning athletic program or other recreational offerings

For more information about how you can help at STAR, please submit the volunteer form online or contact Peter Saverine psaverine@starct.org or Jennifer Thompson jthompson@starct.org